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Dentist

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416-239-8300
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Our Lady Of Peace Parish

March 30th, 2025
Fourth Sunday of Lent

3914 Bloor Street West, Etobicoke, Ontario M9B 1L7
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Holy Mass
Saturday 5:00 p.m.
Sunday 10:00 a.m. (Children's Liturgy) & 11:30 a.m.
Tuesday to Friday 9:00 a.m.

Confession
Saturday 4:15 p.m. - 4:45 p.m.

Adoration & Benediction
First Friday following 9:00 a.m. Mass

Baptisms, Weddings & Funerals
Please contact the Parish Office.

LENT

Pray + Fast + Give

Our Mission
Guided by the love of God and the teachings of Jesus Christ, we the parish community of Our Lady of Peace come together embracing diversity and unity, to celebrate the Sacraments, to study the Word of God, and to provide unwavering support for one another. Through dynamic liturgical celebrations, meaningful fellowship, and continuous education, we strive to nurture each person's unique relationship with God and empower them to live out their faith in the world.

Our Pastor
Fr. Biju Kannampuzha
Tel: 416-239-1259 Ext 3

Office Administrators
Rosanne Colavecchia
Teresa McNamara
Tel: 416-239-1259 Ext 0

Youth Minister
Arnold Samson
asamson@archtoronto.org

Office Hours
Monday to Friday
9:30 a.m. - 12:30 p.m.
1:30 p.m. - 4:30 p.m.

Our catholic faith has been passed down from generation to generation. Please ensure our faith lives on for generations to come by remembering your parish in your Will.

Lose the Weight of Resentments

When it comes to Jesus' parable of the Prodigal Son, many people sympathize with the elder brother- the one who didn't share the father's joy at the wayward son's return. Many people feel that the elder son has been slighted, and that justice hasn't been served. The younger son got off too easy, they maintain- he should have had to pay his dues a little while longer before being welcomed back into the fold. And then there's the father. He could have been much more appreciative of his dutiful son, and not so quick to embrace one who had broken his heart and publicly shamed him.

The elder brother's response often resonates with those who wrestle with family resentments. Resentments between relatives can run very deep, and touch upon all sorts of issues. They might recall a time when someone was hurt or ignored. For example, a relative who cares for a sick family member may become resentful if others don't pull their weight. Children are resentful at how their parents raised them, especially if divorce is involved, and parents are disappointed in children who fail to meet expectations. Bitter sibling rivalry, even in adulthood, is common. Anything related to money, especially wills and inheritance, can give rise to resentment, as can matters of religion, particularly if different faiths or traditions are involved. And then there's the question of in-laws.

Harboring resentment is hurtful and damaging in numerous ways. To begin with, it's exhausting- physically, emotionally, and spiritually. With time, it spreads like a cancer, affecting more and more people within our web of relationships, making us bitter and unlovable. It can make us self-righteous and "holier-than-thou." "I am right and they are wrong," we assure ourselves. Resentments can also come to define us: we become known as the unappreciated child or the wronged spouse. As the years pass, and especially as our memory becomes more selective, we demonize the offending party, which is unfair to them, and a denial of reality. Worst of all, should we cling to our resentments, we deny ourselves of God's forgiveness. "Forgive us our trespasses," Jesus taught us, "as we forgive those who trespass against us."

If resentment is so destructive and exhausting, why do we do it? Why don't we just kiss and make up? Several reasons. To begin with, harboring resentment makes us feel superior. We're the "good guy" and they're the "bad guy." It's easy to look good at the expense of others! Or maybe we're afraid of appearing to be weak. If we try to heal the wounds, we think, people will perceive us as a doormat or a punching bag. Besides, sometimes it's fun- in a wicked sort of way- to "get even" with sweet revenge. It's also nice to receive sympathy from those on our side of the debate. And frankly, resentment is just plain easier. It means that we don't need to accept responsibility for a situation- we can simply blame somebody else for our troubles.

Let's face it. Resentment has its attractions, and it can become an addiction. However, if we want to get on with our lives and stop perpetuating the grief and being trapped in the past, we need to make a conscious decision to stop.

It's also widely misunderstood. Forgiveness is a decision, not a feeling. It's also not pretending that nothing has happened. "I forgive you" is not the same as "That's okay, don't worry about it." Forgiveness doesn't overlook destructive behavior as can happen in co-dependent or abusive relationships. Nor is it offered to coerce another person or change their behavior, because the only person we can change is ourselves. Finally, forgiveness is not the restoration of trust, a canceling of consequences, or a denial of pain or the need to grieve, especially when we've been deeply hurt. Instead, forgiveness enables our pain to be transformed.

Real life isn't like Hollywood: Not every act of forgiveness ends with a hug and a reconciliation. But reconciliation is God's job; it's forgiveness that's up to us. Christianity isn't about getting what we deserve. Forgiveness isn't deserved either. It is a gift, and it heals. May it bless your family.

Stations of the Cross
7:00 pm Every Friday During Lent

Holy Adoration: First Friday
April 4th after the 9:00am Mass



Friday 11th April	Holy Mass	9:30am
	Confessions	9:30am
Saturday 12th April	Confessions	3:30pm-4:30pm
	Holy Mass	5:00pm
Sunday 13th April	Palm Sunday	10:00 am, 11.30am
Monday 14th April	Holy Mass	7:00pm
	Confessions	7:30pm
Tuesday 15th April	Holy Mass	7:00pm
	Confessions	7:30pm
Wednesday 16th April	Holy Mass	7:00pm
	Confessions	7:30pm

Holy Thursday 17th April 2025 7 pm-Mass of the Lord's Supper & Washing of the Feet
Good Friday 18th April 2025, 3pm - Passion of Our Lord 7pm - Stations of the Cross
Holy Saturday 19th April 2025 10am - Blessing of Food Baskets 8pm - Easter Vigil
Easter Sunday 20th April 2025 10am & 11:30am

 MASS INTENTIONS	
<u>Saturday March 29th, 2025</u> 5pm	
Parishioners of Our Lady of Peace	
<u>Sunday March 30th, 2025</u> 10am	
†Sheila Samson Requested Samson Family	
11:30am	
†Giuseppe (Joe) Luca 1st Anniversary Requested by the Family	
†Caridad Benson Requested by Eden Molina	
<u>Monday March 31st 2025 - No Mass on Mondays</u>	
<u>Tuesday April 1st, 2025</u>	9am
<u>Wednesday April 2nd 2025</u>	9am
<u>Thursday April 3rd, 2025</u>	9am
†Steve Castrucci Requested by Joan Kennedy †Maria Romano Requested by Nick & Mary Romano	
<u>First Friday April 4th, 2025,</u>	9am

Sanctuary Candle Intentions

Sacred Heart: †Daniella Zaleski

Sanctuary: †Daniella Zaleski

St Joseph: †Daniella Zaleski

Requested by Zaleski Family



Mass Intentions

The Catholic Church has a longstanding tradition of celebrating Masses dedicated for the repose of souls or to fulfill specific intentions. These Masses serve various purposes, including prayers for the souls in purgatory, commemorating the departed, or celebrating special occasions like birthdays. Should you wish to offer a Mass for someone, please contact the Parish office at (416) 239-1259

Gardening Volunteers Needed

Meet outside the office on Wednesday April 2nd after the 9am Mass
Please come along or contact Josie Galati 416 233 6892

Altar Server Training

Saturday, March 29th 10-2pm in the Church, please use entrance on Martin Grove Rd.



Children's Liturgy
10:00 AM Mass on Sundays

Liturgy of the Word with Children is suitably adapted to be made relevant to the lives and experiences of young children preparing them for full participation in the Liturgy. It gives them an opportunity to receive and respond to the Sunday readings.

7 Week Keep Fit Qi-Gong Class

Time: 2-3:30PM **Cost:** \$20 **Places Available:** 25
Class Dates: April 24, May 1, 8, 15, 22, 29, June 5

Come join our Spring keep fit Qi-gong Program! This is an ancient Chinese system of physical exercise & meditation that combines movement, breathing, and mental concentration.

Registration forms are available at the back of the church, please submit completed forms & fee to the parish office. Thank you!

OLP Youth Ministry

Join us on April 4th, 6:30 pm to 9:00 pm,
For our 1st ever **Charity Game Night!**
FREE PIZZA & SNACKS!
Bring your favourite games!
Donations will go to winner's charity pick.
Location: St Elizabeth School,
Registration is required
[click here to register](https://www.archtoronto.org), or contact Youth Minister;
Arnold Samson at asamson@archtoronto.org

SL ShareLife

ShareLife Sunday – March 29th & March 30th 2025
Share the love with our beloved seniors through ShareLife

Last year, ShareLife supporters like you offered quality care and companionship to over 2,300 vulnerable seniors.

We ask you to share your blessings through the parish or at sharelife.org/donate.

Thank you for living the Gospel!

!OLP Summer Camp 2025 is here!

Week 1: July 21st–25th
Week 2: August 18th–19th

PRICE PER DAY: \$20
(per child)

Forms available from Parish Office or back of the Church

Please see poster for details or contact Arnold: asamson@archtoronto.org