

# Our Lady Of Peace Parish

8th March 2026  
Third Sunday of Lent

3914 Bloor Street West, Etobicoke, Ontario M9B 1L7

T: 416-239-1259 | E: [olpeace@archtoronto.org](mailto:olpeace@archtoronto.org) | W: <https://olpeace.archtoronto.org>

Office Hours Monday to Friday 9:30 am - 12:30 pm & 1:30 pm - 4:30 pm

## Our Mission

*Guided by the love of God and the teachings of Jesus Christ, we the parish community of Our Lady of Peace come together embracing diversity and unity, to celebrate the Sacraments, to study the Word of God, and to provide unwavering support for one another. Through dynamic liturgical celebrations, meaningful fellowship, and continuous education, we strive to nurture each person's unique relationship with God and empower them to live out their faith in the world.*

## Our Pastor

Fr. Biju Kannampuzha  
Tel: 416-239-1259 Ext 3

## Office Administrator

Teresa McNamara  
[tmcnamara@archtoronto.org](mailto:tmcnamara@archtoronto.org)  
Tel: 416-239-1259 Ext 0

## Youth Minister

Arnold Samson  
[asamson@archtoronto.org](mailto:asamson@archtoronto.org)

## Holy Mass

Saturday  
5:00 p.m.

Sunday  
10:00 a.m. & 11:30 a.m.

Tuesday to Friday  
9:00 a.m.  
**Rosary 8.30am**

## Confession

Saturday  
4:15 p.m. - 4:45 p.m.

## Adoration & Benediction

First Friday  
following 9:00 a.m. Mass

## Baptisms, Weddings & Funerals

Please contact the Parish  
Office

## St Vincent De Paul Society

For assistance, please call  
437 575 3678 and leave your name & number.

## Our Lady of Peace Parish 1951– 2026



## JUBILEE PRAYER

Heavenly Father,  
We thank You for the gift of Our Lady of Peace Parish,  
for 75 years of faith, hope, and love lived in this community.

You have gathered us at Your table,  
washed us in the waters of Baptism,  
nourished us with Your Word and Sacraments,  
and sent us forth as witnesses of Your peace.

Through the intercession of Mary, Our Lady of Peace,  
help us to remember with gratitude the past,  
serve with generosity in the present,  
and walk with trust into the future.

Renew our parish during this Jubilee year.  
Bless all the priests who have served this parish.  
Strengthen our families, inspire our youth,  
comfort the suffering,  
and welcome all who seek a home in Your Church.

Make us instruments of Christ's peace,  
so that, guided by the Holy Spirit,  
Our Lady of Peace Parish may continue  
to proclaim the Gospel for generations to come.  
We ask this through Christ our Lord. Amen.

**Our Lady of Peace...Pray for Us!**

St. Elizabeth Catholic School  
5 Redcar Ave, Etobicoke, ON M9B 1J8  
(416) 393-5278

<https://www.tcdsb.org/o/stelizabeth>

Our Lady of Peace Catholic School  
70 Mattice Ave, Etobicoke, ON M9B 1T6  
(416) 393-5253

<https://www.tcdsb.org/o/ourladyofpeace>

*Visit Our Lady of Peace Little Gift Shoppe in the Parish Hall*

*Our catholic faith has been passed down from generation to generation. Please ensure our faith lives on for generations to come by remembering your parish in your Will.*

## “Give Me a Drink”

The readings for this Third Sunday of Lent center on one powerful and life-giving symbol: water. Water is essential for life. Without it, everything withers and dies. In today’s liturgy, water becomes the image of our deepest spiritual need — our thirst for God.

In the first reading from the Book of Exodus, the Israelites are wandering in the desert. They are thirsty, afraid, and complaining. Though God has freed them from slavery in Egypt, they doubt His care when faced with hardship. Yet God does not abandon them. Through Moses, He brings water from the rock at Horeb. What seemed impossible becomes life-saving. The rock becomes the source of survival. That rock points forward to Christ.

In the Gospel John, we encounter Jesus at Jacob’s well in Samaria. Tired from His journey, He asks a Samaritan woman for a drink. This simple request begins one of the most beautiful and personal conversations in Scripture.

The encounter is surprising. Jews and Samaritans avoided each other due to centuries of hostility. Men did not typically engage women in public conversation. Yet Jesus crosses every barrier — racial, religious, and social — to speak with this woman. She is an outsider among outsiders. And still, Jesus sees her. He knows her story. He knows her brokenness. And He offers her something greater than the water she came to draw.

“Whoever drinks the water I shall give will never thirst.” Jesus speaks of living water — the grace of the Holy Spirit, the gift of divine life poured into our hearts. This living water is first given to us in Baptism. It is renewed in us through the Eucharist. It is strengthened in us through the Word of God and the Sacraments. It is the very life of God flowing within us.

The Samaritan woman begins the conversation seeing Jesus simply as a Jew. Then she calls Him “Sir.” Then “Prophet.” Finally, she comes to recognize Him as the Messiah. Her journey mirrors our own Lenten journey — from partial understanding to deeper faith.

More importantly, once she encounters Christ, she leaves behind her water jar and runs to tell others: “Come and see a man who told me everything I have done.” The one who came alone and ashamed becomes a bold witness. The outsider becomes a missionary. The thirsty one becomes a bearer of living water for others.

Lent invites us to ask ourselves some honest questions: What am I truly thirsting for? Where am I trying to satisfy my heart with things that do not last? What “water jars” do I need to leave behind?

Like the Israelites in the desert, we sometimes complain, doubt, or grow impatient when life becomes difficult. Like the Samaritan woman, we may carry burdens, regrets, or hidden struggles. Yet the Lord meets us precisely there — not to condemn, but to heal. Not to shame, but to free. Not to reject, but to restore.

Jesus wants to enter our personal lives. He wants to speak to the places we keep hidden. He does not do so to embarrass us, but to transform us. The living water He offers is forgiveness, grace, and new life.

This Lent, let us return to the well. Let us deepen our prayer. Let us open our hearts in Confession. Let us approach the Eucharist with renewed hunger and thirst. Let us allow the Holy Spirit to soften any hardened places within us.

Water sustains physical life. But Christ sustains eternal life. May we hear His gentle request — “Give me a drink” — and respond by offering Him our trust. And may we, like the Samaritan woman, become joyful witnesses who invite others to “Come and see.”

“My soul thirsts for God, the living God.” May this Lent renew that holy thirst within us.



## Pastoral Letters of Reference

If you anticipate needing a pastoral letter of reference from the pastor for applying to a position within the Catholic School Board, such as a Teacher or a Lunch Supervisor, or for roles like a Confirmation Sponsor or a Godparent, it is crucial to establish an early connection with the pastor. This ensures that the pastor has the opportunity to become acquainted with you. The reference letter aims to confirm that the candidate is a practicing Catholic, actively participating in the parish community by regularly attending Sunday Mass. Please note that a request for a letter of reference may not be fulfilled if the pastor lacks sufficient familiarity with the individual making the request.

## Mass Intentions

### Saturday 7th March 2026 - 5:00pm

†Jack Fitzgerald *Requested by Pat Fitzgerald*  
†Hippolyte & † Yvonne Borde *Requested by McRae Family*  
†Fernando Molina *Requested by Eden Molina*

### Sunday 8th March 2026

**10:00am**

†Marie Robinson *Requested by Doreen Peters*  
†Sandra Lee Hunter *Requested by Mary Ann Leon*

**11:30am**

†Our Lady of Peace Parishioners

### Tuesday 10th March 2026 - 9am

Healing Mass for John *Requested by Tony Cioffi*

### Wednesday 11th March 2026 - 9am

Special Intentions for Antoinette Offi

### Thursday 12th March 2026 - 9am

†Frances & †Joseph Papuga *Requested by Sitarz Family*

### Friday 13th March - 9am

†Deceased members & friends of Ferrante Family  
*Requested by Ferrante Family*



**Fit & Fun**  
Thursdays  
Join us three Thursdays a month to get fit first and then have fun together!  
2-5pm

**Free Fitness Class At 2pm**– Join us for a free exercise class led by professional coaches! All ages and fitness levels are welcome. Whether you drop in for a quick workout or stay for the whole session, there's something for everyone.

**Light Hobbies** – Some sessions operate as open art studios. Bring along your own project — knitting, scrapbooking, drawing, or any craft you enjoy — and work on it while you sip a warm drink and connect with others.

**Brain Boost Activities** – Enjoy engaging games, interactive discussions, puzzles, trivia, and occasional guest speakers designed to keep the mind active and energized.

**Themed Socials** – From cultural celebrations to special event days, we occasionally add fun themes to keep things fresh and exciting. Community refreshments are served, and there's always something new — last week line dancing... next week? Who knows!

**Come for the fun, stay for the friendship, and enjoy fitness, creativity, and fellowship along the way!**

## **TOESDAY TREASURES!**

**Tuesdays 9.30am -12 noon**

Join us for spiritually enriching conversation and reflection on *The Chosen* -multi-season series about

*The life and ministry of Jesus of Nazareth*

*Come be nourished in faith and fellowship, and enjoy delicious snacks, tea, coffee.*

**All are welcome**



## Children's Liturgy

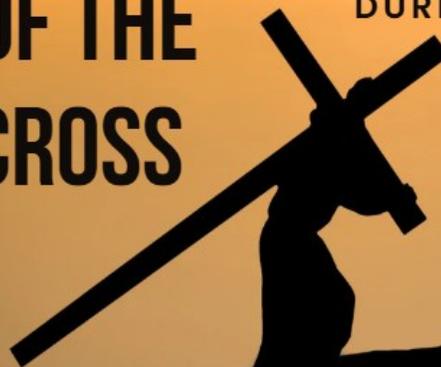
**11:30 AM Mass on Sundays**

Liturgy of the Word with Children is adapted to be relevant to the lives of young children (5-8 years)

**LESS OF ME**

# STATIONS OF THE CROSS

**7:30PM  
EACH FRIDAY  
DURING LENT**



**MORE OF HIM**

## LENTEN SOUP SUPPER



Join us every Friday during Lent in the Parish Hall. **6:30 pm** – Soup Supper  
**7:30 pm** – Stations of the Cross  
Homemade soup, bread, and water will be served. A **goodwill donation of \$5** is appreciated. \*\*

\*If you are able to make soup for any of the following dates:

**March 6, 13, 20, or 27**, please leave your name and phone

## Our Lady of Peace Little Gift Shoppe!

Looking for something special?

We have rosaries, miraculous medals, baptismal garments,

First Holy Communion & Confirmation Cards and lots of adorable religious treasures!

**Open Hours: Sunday after 11.30 Mass & Wed 2pm-4:30pm**



## **The Parenting Teenagers Course Our Lady of Peace Parish.**

This is an excellent opportunity for those in our community with children **Aged 11 to 18.**

Over the course of five sessions, parents will learn tools and strategies to help build healthy relationships with their teenagers and guide them into adulthood. Sessions will be held on

**March 13th, April 10th and 24th from 7pm to 9pm.**

*Please contact our website for more details.*

**THE STEAK MASTER**  
WHOLESALE & HANDMADE

**Quality Meats**  
Hand Crafted Burgers & Sausage  
3882 Bloor St W  
416 207 9901

**CATHOLIC CEMETERIES**  
FUNERAL SERVICES

[www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)  
Assumption Catholic Cemetery & Funeral Home  
905-670-8801  
Queen of Heaven Catholic Cemetery  
& Funeral Home 905-851-5822

*Dr. Maria Ana Marcelo*

5121 Dundas St. W  
T:416 239-8300 F:416 239-3993  
[info@dranamarcelo.com](mailto:info@dranamarcelo.com)  
[www.dranamarcelo.com](http://www.dranamarcelo.com)

**CSN COLLISION**

**427 AUTO · AVENUE HEARTLAND**

*Providing quality vehicle repairs and professional service since 1971. Contact us today!*

<b>CSN 427 AUTO</b> 395 Evans Avenue Etobicoke, ON M8Z 1K8 (416) 259-6344 <a href="mailto:info@427auto.com">info@427auto.com</a> <a href="http://427autocollision.com">427autocollision.com</a>	<b>CSN Avenue</b> 293 Macpherson Avenue Toronto, ON M4V 1A4 (416) 923-8031 <a href="mailto:info@avenuecollision.com">info@avenuecollision.com</a> <a href="http://avenuecollision.com">avenuecollision.com</a>	<b>CSN Heartland</b> 875 Plymouth Drive Mississauga, ON L5V 0B5 (905) 826-5512 <a href="mailto:info@csnheartland.com">info@csnheartland.com</a> <a href="http://csnheartlandcollision.com">csnheartlandcollision.com</a>
--	---	---

**TREE CARE**  
(647) 967-1463  
[joel@premiertreemgmt.com](mailto:joel@premiertreemgmt.com)  
PREMIER TREE MANAGEMENT INC.  
JOEL KRIKORIAN

**MARYTV™**  
Medjugorje

*"Medjugorje is the spiritual center of the world"*  
Saint John Paul I  
Watch Now at [Marytv.tv](http://Marytv.tv)

**Arrizza & Joshi Associates**  
Ernie Arrizza  
Sales Representative  
3109 Bloor St W 905-277-1805

**Sotheby's** | **Canada**  
INTERNATIONAL REALTY

**THORNBROOK**  
HOME CARE INC.

- Live In Care
- Personal Care
- Respite Care
- Dementia Care

**416.239.6161**  
[www.thornbrookhomecare.ca](http://www.thornbrookhomecare.ca)

**Harvey Contracting**  
For your home renovation and repair needs

**FREE ESTIMATES Fully Insured**

Norm Harvey  
**416-888-4810**  
[harveycontracting@rogers.com](mailto:harveycontracting@rogers.com)

**Vinci**  
CATERING AND EVENT PLANNING

416.251.4141  
[vincicatering.ca](http://vincicatering.ca)

**BE THE GOOD**

Inquire about financial assistance at [stmichaelscollegeschool.com](http://stmichaelscollegeschool.com)

**SMCS**  
ST. MICHAEL'S COLLEGE SCHOOL

**SERVICES:**  
LAWN CUTTING,  
LAWN & SHRUB  
MAINTAINANCE,  
CLEANUP, SEEDING  
& PLANTING  
647-767-1997  
647-677-8422

[www.thefriendlylandscaper.com](http://www.thefriendlylandscaper.com)

**ViBo Restaurant**  
2995 Bloor St West  
(416) 239-1286  
[www.vibo.ca](http://www.vibo.ca) Email - [info@vibo.ca](mailto:info@vibo.ca)

**Fresh Smiles**  
Dental Hygiene Clinic

Monica Popieniuk  
Registered Dental Hygienist  
3887 Bloor St W  
416 622 2500  
[www.freshsmiles.ca](http://www.freshsmiles.ca)  
Canadian Dental Care Plan accepted

**NEW RISE DEVELOPMENT**

**FREE ESTIMATES**

**For All Your Construction Needs**  
Interior - Exterior

*Currently Repairing and Renovating Our Lady of Peace Parish Hall  
Proudly serving the Community of Our Lady of Peace.*

**Fully Licensed & Insured**

**E: [info@newrisedevelopments.com](mailto:info@newrisedevelopments.com)**  
**W: [newrisedevelopments.com](http://newrisedevelopments.com)**  
**T: 647 462 9651**