

Our Lady Of Peace Parish

1st February 2026
Fourth Sunday in Ordinary Time

3914 Bloor Street West, Etobicoke, Ontario M9B 1L7

T: 416-239-1259 | E: olpeace@archtoronto.org | W: <https://olpeace.archtoronto.org>

Office Hours Monday to Friday 9:30 am - 12:30 pm & 1:30 pm - 4:30 pm

Our Mission

Guided by the love of God and the teachings of Jesus Christ, we the parish community of Our Lady of Peace come together embracing diversity and unity, to celebrate the Sacraments, to study the Word of God, and to provide unwavering support for one another. Through dynamic liturgical celebrations, meaningful fellowship, and continuous education, we strive to nurture each person's unique relationship with God and empower them to live out their faith in the world.

Our Pastor

Fr. Biju Kannampuzha
Tel: 416-239-1259 Ext 3

Office Administrator

Teresa McNamara
tmcnamara@archtoronto.org
Tel: 416-239-1259 Ext 0

Youth Minister

Arnold Samson
asamson@archtoronto.org

Holy Mass

Saturday
5:00 p.m.

Sunday
10:00 a.m. & 11:30 a.m.

Tuesday to Friday
9:00 a.m.

Confession

Saturday
4:15 p.m. - 4:45 p.m.

Adoration & Benediction

First Friday
following 9:00 a.m. Mass

Baptisms, Weddings & Funerals

Please contact the Parish
Office

St Vincent De Paul Society

For assistance, please call
437 575 3678 and leave your name & number.

Our Lady of Peace Parish 1951– 2026



JUBILEE PRAYER

Heavenly Father,
We thank You for the gift of Our Lady of Peace Parish,
for 75 years of faith, hope, and love lived in this community.

You have gathered us at Your table,
washed us in the waters of Baptism,
nourished us with Your Word and Sacraments,
and sent us forth as witnesses of Your peace.

Through the intercession of Mary, Our Lady of Peace,
help us to remember with gratitude the past,
serve with generosity in the present,
and walk with trust into the future.

Renew our parish during this Jubilee year.
Bless all the priests who have served this parish.
Strengthen our families, inspire our youth,
comfort the suffering,
and welcome all who seek a home in Your Church.

Make us instruments of Christ's peace,
so that, guided by the Holy Spirit,
Our Lady of Peace Parish may continue
to proclaim the Gospel for generations to come.
We ask this through Christ our Lord. Amen.
Our Lady of Peace...Pray for Us!

St. Elizabeth Catholic School
5 Redcar Ave, Etobicoke, ON M9B 1J8
(416) 393-5278

<https://www.tcdsb.org/o/stelizabeth>

Our Lady of Peace Catholic School
70 Mattice Ave, Etobicoke, ON M9B 1T6
(416) 393-5253

<https://www.tcdsb.org/o/ourladyofpeace>

Visit Our Lady of Peace Little Gift Shoppe in the Parish Hall

Our catholic faith has been passed down from generation to generation. Please ensure our faith lives on for generations to come by remembering your parish in your Will.

Secret of True Happiness: Living the Beatitudes

Everyone wants to be happy. From the youngest child to the oldest adult, every decision we make is guided by one hope: *"This will make me happy."* We look for happiness in success, money, comfort, popularity, possessions, or recognition. Yet even after achieving many of these things, we often discover an uncomfortable truth — something is still missing.

A teenage girl once wrote to an advice column: "Happiness is having my own bedroom, nice clothes, and lots of spending money. Happiness is something I don't have." Soon after, a disabled 13-year-old responded: "Happiness is being able to see, hear, and speak. I can't walk, but I am happy." Two people. Two very different lives. Two very different definitions of happiness. So which one is right? Today's readings answer that question clearly. They teach us that true happiness does not come from what we have, but from who we are before God.

The prophet Zephaniah speaks about a small group of people — the humble, the lowly, the faithful remnant — who seek refuge in the Lord. They are not powerful or important by worldly standards. Yet God calls them blessed and promises them peace and security.

St. Paul reminds the Corinthians of the same truth: not many of them were wise, rich, or influential. But God chose them anyway. Why? So that no one could boast except in the Lord.

And then Jesus climbs the mountain and gives us the Beatitudes — perhaps the most beautiful and most shocking teaching in the Gospel. He does not say: Blessed are the rich. Blessed are the strong. Blessed are the successful. Instead, He says: Blessed are the poor in spirit. Blessed are the meek. Blessed are those who mourn. Blessed are the merciful. Blessed are the peacemakers. To the world, this sounds upside down. But in God's Kingdom, it is right side up.

Jesus teaches that happiness is not something we chase — it is something that grows within us when we live close to God. To be poor in spirit means recognizing that we need God every day. To be meek means choosing gentleness over anger. To mourn means having a compassionate heart that feels the pain of others. To hunger for righteousness means longing for what is right and just. To be merciful means forgiving others as God forgives us. To be pure of heart means living with honesty and integrity. To be peacemakers means bringing reconciliation where there is division. To be faithful even in persecution means loving Christ more than comfort.

This is not weakness. This is strength shaped by love. The world says, "Take care of yourself first." Jesus says, "Care for others first." The world says, "Win." Jesus says, "Serve." The world says, "Store up treasures on earth." Jesus says, "Store up treasures in Heaven." And only one of these paths leads to lasting joy.

Think about the people you know who radiate peace and joy. Often, they are not the wealthiest or the most successful. Instead, they are the most loving, generous, and faithful. They forgive easily. They serve quietly. They pray deeply. They trust God completely.

Why are they happy? Because joy comes from giving, not grabbing. From trusting, not controlling. From loving, not competing. Happiness is a gift that follows us when we stop chasing ourselves and start following Christ. Like a wise old cat once said in a story: when you chase happiness, it runs away; when you simply live right-ly, happiness follows you.

As a parish family, we are called not only to hear the Beatitudes but to embody them. When we support the women's shelter, visit the sick, help a struggling neighbor, teach our children the Faith, forgive old wounds, and work for unity — we are living the Beatitudes. We become the "humble remnant" Zephaniah spoke about. We become the community Paul described. We become the disciples Jesus blesses. And in doing so, we discover something beautiful: Holiness and happiness are the same path.

Marian Pilgrimage - Diamond Jubilee Special

Our Lady of Peace Parish joyfully invites parishioners to join a **12-day Marian Pilgrimage to France, Spain, and Portugal** as part of our **75th Anniversary celebrations**. The pilgrimage will take place **May 31 – June 11, 2026**, under the **spiritual leadership of Fr. Biju Kannampuzha**, Pastor of Our Lady of Peace Church, Etobicoke.

Highlights include visits to **Montserrat (Black Madonna), Lourdes, Zaragoza (Our Lady of the Pillar), Madrid, Toledo, Avila, Salamanca, Santiago de Compostela, and Fatima**, with daily Mass, time for prayer, candle-light processions, and major Marian shrines. **Cost: \$5,190 CAD** (includes taxes and tips).

For more information and registration, please contact: International Heritage Tours, 7117 Bathurst Street, Suite 200, Thornhill, ON L4J 2J6 Tel: 1-877-999-8868 | 905-886-0232 Stan (ext. 339 / 647-463-9057) – stan@ihtours.com. Alex (ext. 317) – alex@ihtours.com

Celebrate our Diamond Jubilee with prayer, pilgrimage, and grace.



Catholic Women's Conference
SATURDAY MARCH 21, 2026
LOCATION: Le Treport Banquet Hall, Mississauga
REGISTRATION: 8:00am **TIME:** 9:00am - 4:00pm
REGISTER: dwf2026.eventbrite.ca



World Marriage Day – February 7–8, 2026



As part of our 75th Anniversary celebrations, Our Lady of Peace Parish will joyfully celebrate World Marriage Day at all Masses on the weekend of February 7–8.

World Marriage Day honors the beauty and blessing of married life and recognizes the faithful love, sacrifice, and commitment of couples who reflect Christ's love in their homes and families.

During each Mass, we will offer special prayers and a blessing for all married couples, giving thanks for the gift of marriage and family life. Whether you are newly married or celebrating many decades together, we warmly invite you to come and receive this special blessing.

Let us gather as a parish family to celebrate love, fidelity, and the many graces God has poured out upon our marriages throughout these 75 years of parish life.

All married couples are warmly encouraged to attend!

Mass Intentions

Saturday 31st January 2026 - 5:00pm

- †Bruno Orrico *Requested by The Orrico Family*
- †Mary Bridget Peters *Requested by Doreen Peters*
- †Anna Angelucci *Requested by Frank Angelucci*
- †Elena Rigato *Requested by Graziella Rigato*

Sunday 1st February 2026

10:00am

- †Patricia Staudinger *Requested by Jane Wallbridge*
- †Mary Ruggiero-Birthday Remembrance *Requested by The Family*
- †Ermin Olive

11:30am

- †Enrico Offi *Requested by The Offi Family*
- †Matthew Spezza *Requested by Rino & Donna Spezza*

Tuesday 3rd February 2026 - 9am

Blessing of the Throats after Mass**

- †Albina Palmieri *Requested by Sam Tassone*
- Special Intentions for the Offi Family

Wednesday 4th February 2026 - 9am

Thanksgiving for 50th Years Married—Julia & Eladio Perez

Thursday 5th January 2026 - 9am

- †Deceased Family & Friends of Patricia Ewing
- †Mary Relic *Requested by Janice Dwyer*

First Friday 6th February - 9:00am

Special Intentions for Lorena Duran *Requested Kevin Madigan*

Special Intentions for Kevin Madigan

- †All Souls in Purgatory *Requested Kevin Madigan*
- †Antoni & †Jadwiga Zaleski *Requested by the Zaleski Family*

Tuesday 3rd Feb after 9.30am Mass Feast of St Blaise—Blessing of the Throats.

Sanctuary Candles

Sanctuary:

†Patricia Staudinger
Requested by Jane Wallbridge



TUESDAY TREASURES!

Tuesdays 9.30am -12 noon

Join us for spiritually enriching conversation and reflection on

The Chosen -multi-season series about

The life and ministry of Jesus of Nazareth

Come be nourished in faith and fellowship, and enjoy delicious snacks, tea, coffee

All are welcome

Our Lady of Peace Little Gift Shoppe!

Looking for something special?

We have rosaries, miraculous medals, baptismal garments, First Holy Communion & Confirmation Cards and lots of adorable religious treasures!

Open Hours: Sunday after 11.30 Mass & Wed 2pm-4:30pm



Children's Liturgy

11:30 AM Mass on Sundays

Liturgy of the Word with Children is adapted to be relevant to the lives of young children (5-8 years)

Parents, Please bring your children to the Parish Hall BEFORE Mass



Fit & Fun Thursdays

Join us three Thursdays a month to get fit first and then have fun together!

2:00 PM – Fitness & Wellbeing Class

Led by PJ & Sam, Strength & Balance Specialists for Older Adults and Michael, Certified Fitness Instructor and Health Coach.

These gentle, supportive classes are open to adults aged 50+ and focus on fitness, movement, and overall wellbeing.



Then 3:00–5:00 PM – Fun & Fellowship

Stay on for games, crafts, chats, laughter, refreshments, and snacks as we gather simply to enjoy each other's company.

Everyone is welcome.

Youth Ministry

• Feb 13 | 6:00–9:00 PM

• Youth Ministry Gathering (Parish Hall)

• Feb 20 | 6:00–9:00 PM

Youth Ministry Gathering
Stations of the Cross (Parish Hall / Church)

• Feb 27 | 6:00–9:00 PM

EDGE Night (Grades 6–8)
Stations of the Cross (Parish Hall / Church)

2025 Parish Tax Receipts are being processed;
you will receive them in the mail on or before Monday Feb 9th.



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