

Our Lady of Peace Youth Ministry Presents:

The Parenting Children Course

For those parenting children ages 0 to 10

The Parenting Children Course is for any parent or person who cares for children; whether they consider themselves to have strong parenting skills or are struggling, those who are expecting their first child, are a single parent or a step-parent. Attendees are encouraged to come as a couple, but individuals are equally welcome. The practical tools of the course are applicable to everyone who has responsibility for a child up to ten years old.

The course is free to all, and will be run on select Fridays at 6:30 pm, starting on September 27 with 5 sessions in total. Topics are as follows:

****Session 1: Building Strong Foundations - September 27****

Session 2: Meeting our Children's Needs - **October 18**

Session 3: Setting Boundaries - **November 8**

Session 4: Teaching Healthy Relationships - **November 22**

Session 5: Our Long-Term Aim - **December 6** |

Location: ****Session 1 only** at OLP Parish, 3914 Bloor St. West, Etobicoke ON, M9B 1L7, in the parish hall (basement). All other sessions will be held at: St. Elizabeth Catholic Elementary School, 5 Redcar Ave. Etobicoke, ON, M9B 1J8

Participants are welcome to bring children, grades 3 to 7, as the Our Lady of Peace youth ministry will be meeting for their Youth Night sessions in the school gymnasium concurrently.

The course will begin at 6:30 pm each night with a family meal, and the first lesson begins at 7pm. This will be followed by a break and discussion time, concluding at 9:00 pm. Participants will each get a course booklet at no cost; however, free-will donations to the youth ministry would be appreciated to support the operating costs of the program. Please tell us if you have any dietary restrictions at registration.

Spaces are **limited to 30 participants for this season**, so please register early. Registration is on a first come, first served basis.

To register, please visit the OLP Parish website Youth Ministry page found under "Our Ministries" tab, or at this link: <https://olpeace.archtoronto.org/en/our-ministries/youth-ministry/>

If you have any questions, please contact the team at Our Lady of Peace at asamson@archtoronto.org

Thank you,

Our Lady of Peace Parish – Youth Ministry